

# Bullying and harassment are harmful at any level.

**Know  
better**

**Be  
better**

Workplace bullying or harassment don't have to be obvious to cause harm. Unless we are serious about reducing both obvious and subtle inappropriate behaviour, it becomes normalised and accepted. This can impact the health of individual employees and can contribute to loss of productivity, staff turnover, absenteeism, low morale and financial costs.

Working together, we can stop inappropriate behaviour. The first step is to recognise it. Find out more at [health.vic.gov.au/KnowBetterBeBetter](https://health.vic.gov.au/KnowBetterBeBetter)