

Thiamsang sibawi zohkhenhnak hmun pawl cu zeidah an si?

Victoria zapi sizung i thiamsang sibawi zohnak hmun pawl nih sicam, naungeihnak asilole pumhlainak le thiamsang sibawi zohkhenhnak an tuahtia hna. Cun physiotherapy thlobbulnak le zawtnak kawlpiaknak zong an tuah. Hi hna pawl cu aleng mizaw ti an si i sizung a kai lio lo mi an si.

Thiamsang sibawi zohkhenhnak hmun ah zeitindah appointment ka lak lai?

Midamlo pawl cu chungkar sibawi pawl (GPs) asilole thiamsang sibawi dang hna nih thiamsang sibawi zohkhenhnak hmun ah an kuat hna. Zeimawcaan ah emergency department asilole sizung nih an zohkhenh hna hnu ah asilole naungeih hnu i zohthtan lengmang awk ah an kuat hna. Na ca an hmuh sin in appointment a tuanh le tlai kha an kuantu sibawi nih na sining a ttial mi zoh in an tuah. Appointment ni zong na hmuh colh khawh ko asilole appointment kha a hnu deuh ah tuah piak dingin a ngakmi cazin zawng ah chiah khawh na si

Thiamsang sibawi zohkhenhnak hmun nih na cakuat a phichuak kong kha nangmah le na sibawi an in chimh hna lai.

Ka appointment kong kha zeitindah theitter ka si lai?

Thiamsang sibawi zohkhenhnak hmun in appointment peknak cu fawn in asilole cakuat in na hmuh lai. Na appointment he a pehtlai mi ca dangdang zong na hmuh chih hna men lai. Abianaah; sibawi cheukhat nih na tuah cangmi X-rays asilole thi zohnak hna kha an hal khawh men.

Appointment zeicandah ka hngah lai?

Appointment hngah caan cu herhkhunnak le zohkhenhnak hmun hna ah an i dang cio. Appointment na hngah lio ah na damlonak kong i lungrethei in na um ahcun ca an ttialpiaktu sibawi kha chawn law tuahtia khawhmi dang a um rih maw ti hal khawh a si.

Na chungkhar sibawi hi thiamsang sibawi zohnak hmun nih an in zoh hlantiang na damlonak lei tlangtlatu ttha bik a si. Na damlonak kong i lungrethei in na um sual a si ahcun na sibawi kha chawn ko sawh. Na sining a tthatlo deuh chin a si ahcun na sibawi nih thiamsang si bawi zohnak hmun i rianttuantu hna kha a theiher hna lai. Ruahlopi in na ceizual zawnah 000 hi hmet law mizaw phorhnak motaw kha au asilole khulrangte in mizaw zohnak hmun ah kal.

Thiamsang sibawi he i tonnak na hngahlio caan ah na chungkhar sibawi nih zeitin thlopbulding na si an chimh khawh men lai.

Thiamsang sibawi zohkhenhnak hmun in ze kong dah ka hmuh hna lai?

Mizaw zohkhenhnak hmun fawn: Appointment kong i hal na duhmi hal khawhnak phone nambat na hmuh lai.

Midamlo theihnak nambat: Kuat na sinak hmun hngatchan in mizaw nambat bunh mi kha na hmuh lai. Sizung phone na chonh hna tikah hi nambat hi an in hal lai. Cu nambat cun rianttuantu hna nih na appointment kong kha an zoh khawh lai i na biahal mi kha tthate in an in leh khawh lai..

Khuaram hmanthlak pakhat: Tlunkalnak ah i cit ding pawl, mawttaw chiahnak le thiamsang sibawi zohnak hmun kawlnak khuaram hmanthlak na hmuh chih lai.

Midamlo pawl nih cotin khawhmi le tuahding pawl: Thiamsang sibawi zohkhenhnak hmun i a kalmi mizaw pawl an cotin khawh mi le an tuah ding rian kong theihernak ca na hmuh lai. Cu ahcun na pumpak kong le na damlonak kong cu biathli an si ti zong a tel lai.

Holhlettu kongah theihernak: Holhlettu rianttuannak le holhlettu lak duh i chonhnak ding nambat na hmuh lai. Cun rianttuantu hna nih holhlettu an in lak piak lai. Holhlet hlannak caan an khiahmi kha na ca chungah khan zoh zeicatiah caan naihtuk holhlettu lakpiak an i harh lai. Holhlettu na hman ahcun nangmah nih manpek a hau lo.

Kan i pehtlainnak hna aa thlen tikah zeidah ka tuah lai?

Na umnak asilole na phone nambat aa thlen ahcun thiamsang sibawi zohnak hmun kha fawn na chawnh hna asilole ca na kuat hna kha a biapi tuk. Cuticun mizaw zohnak hmun nih pehtlai in an in chonh khawh lai.

Appointment nicaan zeitin dah ka thlen lai?

Appointment nicaan thlen na herh a si ahcun a ran khawhchung in thiamsang sibawi zohnak hmun kha chawn hna. Rianttuantu nih na ca i a ttha deuhmi ni le caan ah an thawn piak khawh lai nain a hngah caan bel a sau deuh kho men.

Na kal khawhlo ding na theih sin in mizaw zohnak hmun kha zokzok te in chawn hna.

Thiamsang sibawi zohnak hmun kha thawngthanlo in appointment na tloh hna a si ahcun na sibawi nih cakuat tthannak in a thar in thawktthan zong a hau kho mi a si..

Appointment ka herhtilo le ka duhtilo tikah zeidah ka tuah lai?

Appointment kha na herhtilo a si ahcun thiamsang sibawi zohnak hmun kha theiher hna..

Appointment i na kalkhawh hngalonak thawng mizaw zohnak hmun nih an hngalhnak thawng in mizaw dang i an hngah caan kha na zorter khawh.

Ahleice in herhmi ka ngeih tikah zeitin?

Sizung nih mizaw pawl appointment i an kal tikah ahleice in an herhmi a bawmh khawh ko hna lai..

Hnachetmi asilole mitkhuahmulo asilole holhlettu na herh ahcun bawmhna an in tuahpiak khawhnaklai tonnak nicaan a phanhhlan in thiamsang si baw zohnak hmun na chimh hna kha abiapi tuk mi a si

Tlunkalnak bawmh dingah minbunh ka si maw?

Khuate in a ra mi mizaw hna caah:

The Victorian Patient Transport Assistance Scheme (VPTAS) ahleice damlonak asilole thiamsang ha sibawi hna sinah lamhlatpi in a ra mi Victoria khuate mi pawl kha a bawmh hna. Cubantuk hmuh dingah mizaw hna cu, khuate um mi an si lai i thiamsang sibawi sin thlop dingah a kallei lawng kilometre 100 le a hlat deuh, asilole zarhkhat ah buaktlak in kilometre 500 in zarhnga chung asilole tamdeuh kal a herh mi an si lai.

VPTAS nih tlunkalnak le umnak inn ca a cheuchum phaisa bawmhna zong a pek. Hibantuk bawmhna a tuah tikah an dih mi dihlak in a rul tthan hna lo.

Bawmhna cu a herhtuk mi sin i pek a si khawhna lai, Department of Veterans' Affairs telhchih in hmundang in bawmhna a hmu mi mizaw pawl cu VPTAS sin in bawmhna hal khawh an si lo.

VPTAS bawmhna a um lo mi pawl cu:

- Mizaw phortu mawtaw, vanlawng asilole rianrangte in mi a bawmchan mi mawtaw phun pawl in a kalmi mizaw hna
- Mizaw chungkhar hna nih cu hmun i an rak vehnak ah a dih mi phaisa.
- Mawtaw chiahnak asilole lamkal man pek mi tibantuk i hman mi dang hna.
- VPTAS chonhnak kong tamdeuh theih na duh ahcun na sibawi kha hal asilole atanglei website ah zoh:

www.health.vic.gov.au/ruralhealth/vptas/index.htm

Khuapi um mizaw hna caah:

Red Cross le manlo in rianttuanmi bu tibantuk hna nih tuahmi tlunkalnak a phunphun an um ko hna. Thlobbul an herhning zoh in an herhmi tlunkalnak bawmhna kha tuahpiak a si. Tlunkalnak lei i bawmhchanh na herh ahcun na sibawi he khan a kalnak le a tlunnak i na herhmi tlunkalnak phun kha i ruahceih uh. Rianrangte in a herhlomi tlunkalnak bawmhna hna zong a tanglei i Ambulance Victoria website ah hin zoh khawh an si.

www.ambulance.vic.gov.au/Ambulance-Victoria/Other-Services/Clinic-Transport-Services.html

Thiamsang sibawi zohnak hmun an on caan zeitik dah an si?

Thiamsang sibawi zohnak hmun tamdeuh hna cu cacawn nikhatni in ningani tiang zing 8:30 in zanlei 4:30 tiang an on i zungkharni paoh ah an khar ve. Mizaw zohnak hmun zeimaw cu zawtnak ningin zarhkhat chungah cu ni le cu caan lawng kan on lai ti i an khiahmi ni le caan lawngah an on.

Appointment caan a phanh hlanah zaidah ka tuah a herh?

Appointment caan a phanh hlan ah na tuah ding pawl cu:

- zawtnak kawlnak na tuahmi aphichuak hna kha i ken hna.
- na din mi si le na ei mi tirawl min kha tthate in i ttial hna.
- sibawi hal na duh mi bialhna hna kha i ttial hna. (hihi hlankan te in rak i tuah chungmi nih hin tthathnem nak a chuahpi tawn).

Appointment nicaan ah zaidah ka tuah a hau?

Appointment nicaan ah na ken a hau mi pawl hna cu:

- thiamsang sibawi zohnak hmun sin in na hmuh mi appointment catlap
- X-rays, scans (CT asilole ultrasound), thi zohnak asilole a dang dang na zawtnak kawlnak a phi catlap hna
- na din cuahmah liomi si min pawl
- na Medicare card, na pension card (na ngeih ahcun) cun a dang na ngeihmi concession cards hna
- na chungkhar sibawi umnak hmun le fawn nambat
- cu ni i na herh hngami sicam asilole eidin ding hna
- na kalpi mi ngakchia ca`h lentecelhnak asilole cauk hna.

Sizung tampi nih lakphakdawr le eidin zuarnak seh pawl an ngeih hna asinain na duhmi tirawl kha nangmahte in na ken khawh ko.

Thiamsang sibawi zohnak hmun in an in kuatmi ca pawl ah khan appointment le na ken a herh mi pawl kong tthate in na rel hna kha a biapi tuk.

Thiamsang sibawi zohnak appointment i ka kal tikah mi pakhat khat ka kalpi hna lai maw?

Na hawikom, chungkhat asilole, zohkhenhtu kha thiamsang sibawi zohnak hmun appointment ah na kalpi khawh ko. Inn ah zohkhenhtu pakhat khat kha na herh a si ahcun an zohkhenhtu appointment i a rat ve kha a biapi ngai.

Midamlo zohkhenhtu hmun nih zohkhenhmi na si ahcun cuka i rianttuantu pakhat nih thiamsang sibawi zohnak hmun appointment ah an in ratpi khawh ahcun a ttha tuk.

Mawtaw chiahnak a um maw?

Mizaw tthumhnak le laknak hmun pawl cu thiamsang sibawi zohnak hmun pawngte ah um zungzal. Mawtaw chiahnak le chiahman kong cu cuka rianttuantu hna nih an in chimh khawh lai.

Thiamsang sibawi zohnak hmun ka phanh tikah zeidah ka tuah a herh?

Na phanh sinte in khual donnak cabuai ah khan va kal. Rianttuantu pakhat nih nangmah kong tlamtling an hal lai i na Medicare asilole pension card kha a zoh hna lai. Cun na zoh hnganak hmun i a hngahnak hmun ah an in kalter lai

Zeican dah ka rauh lai?

Suimilam 2 tiang caan na pek khawh ahcun a ttha. Mizaw pawl cu cucaan hrimhrim ah na ra lai tiah caan khiah piak an si. Appointment caan pakhat ah minung pakhatnak tam deuh zong an um kho men zeicatiah cu caan i rian a ttuanmi rianttuantu pakhatnak tamdeuh an um lai.

Appointment cu khiahmi caan caah a si ko nain a tlaideuh kho fawn. Rianttuantu hna, hngalh a harmi mizaw thlopbulning i ceih asilole mizaw kha a zawtnak tthate in kawl piak asilole sizung chung i a herhtukmi rian dang nih rianttuantu kha a tlaiter khawh ko hnga. Cubantuk in a tlai ding a si ahcun rianttuantu pakhat khat nih an chimh ko lai. Tonnak kha na hngah khawhlo a si ahcun tonnak caan dang an in tuahpiak khawh ko.

A herhmi tuahding pawl na tuah manh hna naklai toncaan an khiahmi nak in minit 10 tuandeuh in phanh khawh i zuam, ahleice in a voikhatnak na kal ah khan a si.

Silei a cawng liomi siangngakchia nih an ka zoh ve lai maw?

Mizaw pawl cu ngandamnak a cawng liomi siangngakchia hna tlehchih in nurse a cawnglio mi, sibawi a cawng lio mi, an cawnnak zong a dangmi hna nih an zoh men ko hna lai. Zatlang sizung cu cawnnak sizung zong a si i a cawng lio mi pawl mizaw he an i hmuhtonnak

thawngin an thiam deuhnak hnga kha tinh chih a si. Sihmanhsehlaw a cawng lio mi zoh kha na al khawh.

Sibawi nih cu hna cu na sinah theihternak a tuah hna lai. A cawng lio mi um ve duhlo a si ahcun sibawi kha theiher ko sawh. Cunihcun an in zohkhenhnak kha a chiatteudeuh hlei lai lo.

Kan i ton liopi ah bia ka hal kho maw?

Nan i ton lio i an ruahceihpi mi kha na theih fianlo a si ahcun na fianlonak zawn chimhtthan dingin. Sibawi, si sayamah, asilole rianttuantu hna sinah zeitik caan paoh ah na hal khawh

Si lehmah ka herh ah tah zeitin?

Si lehmah na herh a si ahcun nan i ton lio caan ah khan sibawi kha hal.

Thiamsang sibawi zohnak hmun kha voizeizat dah ka kal a herh lai?

Voizeizat dah kal na hauh ticu zeiruangah kuat na si timi cungah a hngat. Thiamsang sibawi zohkhenhnak cu a thiamsang deuhmi i zohkhenhnak asilole a thiamkhunmi sibawite i ruahnakpek na herhzat khan tuahpiak a si tawn. Na tonmi sibawi nih khan voizeizat na rat a hau lai ti kha an chimh ko lai.

Thiamsang sibawi zohnak hmun kal na herh tilo tikah na chungkhar sibawi asilole hmunkhat i a um mi mibu zohkhenhnak ah na kal tthan kho. Thiamsang sibawi zohnak hmun in an in zohnak vialte kha na chungkhar sibawi asilole adang zohkhenhtu hna sinah ca an kuat lai.

Thiamsang sibawi zohnak hmun i an kuatmi ka ca kha zeitik tiang dah ka hman' khawh lai?

Thiamsang sibawi zohnakhmun i na ca cu a nung tilailo i na chungkhar sibawi sin asilole ca an kuat piaktu sibawi sinah va kal i a thar in kuatmi ca va lak tthan an in fial ko lai.

GP (Chungkhar sibawi) ka ngeihlo ahtah zeitin dah a si lai?

Mizaw paohpaoh kha chungkhar sibawi GP ngei dingin forhfial an si. Thiamsang sibawi nih na zawtnak kapkhatte lawng kha caankhat chungte lawng a zoh ca`h na zawtnak an hngalh piak dih mi sibawi pakhatkhat na ngeih kha a biapi ngaingai.

Na chungkhar sibawi cu na ngandamnak an bawmtu le bawmh na herh caan ah na ton hmasabik mi sibawi a si, cun thiamsang sibawi sin na kal karlak le thiamsang sibawi sin kal na herh tilo hnu an zohkhenhtu zong a si. Na ngandamnak an bawmtu le zawtnak thar hna na ngeih sual ahcun a thei hmasabik mi le an zohkhenhtu a si ca`h a biapi tuk mi a si.

Thiamsang sibawi zohnak hmun an rianttuannak ka lung a tinlo tikah zeidah ka tuah lai?

An in zohkhenhnak ah siseh sizung chung hmunkhat khat nih an in tuahtpiakmi kongah siseh na ruahnak kha na chim khawh ko. Cucu thangthathnak asilole lungtlinlonak langhternak in tuah ding a si lai

Victoria zatlang sizung paohpaoh nih mizaw aiawh rianttuanpiaktu an ngei hna i an min le fawn nambat pawl zong hal khawh an a si. A mah hi sizung i na thlopbulnak kong ah na lungretheihnak siseh na tthatdeuhnak na chimh dingmi minung a si. Cu aiawh rianttuantu nihcun na lungtlinlonak tete kongah an bawmh lai i a herh ahcun a kong tamdeuh in hlathlainak zong kha a tuah lai.

Mizaw sinak in na tinco khawhmi le na ttuanvo tlamtling kong cu a tanglei i the Victorian Public Hospital Patient Charter website ah hin zoh hna:

www.health.vic.gov.au/patientcharter/patient

Thiamsang sibawi zohnak hmun pawl he aa pehtlai in tamdeuh theih ka duh mi a um ahcun zeidah ka tuah awk a si?

Thiamsang sibawi zohnak hmun i rianttuantu kha zatlang chonhnak sizung fawn in asilole an in kuatmi ca chung i an ttial mi fawn nambat in chonh khawh a si.

Thiamsang sibawi zohnak hmun rianttuannak pawl kong cu an mah rianttuannak wesite cio ah zoh khawh an si. An website pawl cu a tanglei website ah hin hmuh khawh an si:

www.health.vic.gov.au/hospitals/index

Department of Health le Victorian zatlang ngandamnak lei rianttuannak hna cu thiamsang sibawi zohnak hmun pawl tthanchonak caah siseh thilttha deuh hmuh khawh hman khawh chinchin lengmang nak ca dingah siseh kutsih in rian an ttuanti. Zatlang ngandamnak lei rianttuantu hna le mipi lei zohtu bu pawl nih mizaw pawl an hmuhton mi kha Victoria zatlang sizung i thiamsang sibawi zohnak hmun ah an chim

Thiamsang sibawi zohnak hmun, a hmangtu hna le chungkhar sibawi karlak i, i pehtlaihnak a tthat chichin naklai atu le tu halmi biahalnak ca i bialehnak hna cu chap chin lengmang an si.

Bialehnak hna cu mizaw aiawhtu hna, ngamdarnaklei rianttuannak hna telhchih in, mizaw zohkhenh thiam hna le a tawngmangtu hna he ruahnak i cheuhnak in Department of Health nih a chap hna.

Ahleice mizaw zohnak hmun kong tamdeuh theih na duh ahcun a tanglei website ah hin zoh:

www.health.vic.gov.au/outpatients

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