Inner West Area Mental Health Service
Transforming mental health services for the delivery

Situation:

- There are consistent and increasingly urgent calls for mental health service change from multiple sources
- Services have struggled to translate the large body of research evidence into effective practice and programs

Results:

- Orientation program developed for new staff
- PeerZone facilitators
- Employment consultant
- Exercise physiologist
- Development of brochures for consumers and carers

Participant perspective

From consumers (re PeerZone)
“I liked considering the causes of self-stigma and ways to interrupt the cycle of self-stigma. I liked thinking about different ways to tell employers about your mental illness.”

More information
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