OPTIONAL MODULE 1: PHYSICAL EXAMINATION

PURPOSE OF MODULE
To assess the client’s perceived physical health.

WHO CAN ADMINISTER THIS MODULE?
Only complete this module if you are a medical doctor or a nurse.

INTRODUCTION FOR CLIENT
“Now I am going to ask you about your physical health and conduct a basic physical health check.”

INSTRUCTIONS
1. Introduce module to client.
2. Perform relevant tests and note down relevant information.
3. Formulate responses and note actions to be taken.

VITAL SIGNS

BP: / HR: RR: SaO₂(%): BAC(%): Temp (°C):

General appearance

Pupil size (please circle): 1mm  2mm  3mm  4mm  5mm  6mm (or more)

Limbs:

Systems examination

Cardiovascular (incl. Murmurs, cardiomegaly):

Respiratory

FOR STAFF ONLY

Clinician name: Position: Signature: Date:
Gastrointestinal

Neurological

Mental state:

Actions: