

A decade ago,
Victorians lived
through the worst
bushfires in our
state's history.

As the anniversary approaches,
you may experience emotional and
physical reactions. These reactions are
normal and will pass with time.

10 YEAR
ANNIVERSARY
OF THE
**2009 VICTORIAN
BUSHFIRES**



If you or someone you know needs extra support, help
is available. Speak with family and friends.

You can also contact your local doctor, a mental
health professional, **Lifeline on 13 11 14**, or visit
www.vic.gov.au/2009-bushfires to find out more.

To receive this publication in an accessible format, email em.comms@dhhs.vic.gov.au

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.
© State of Victoria, January 2019. Printed managed by Finsbury Green. (1811017).