Patient presents to hospital with symptoms that could possibly be due to Acute Coronary Syndrome (Remember atypical presentations such as back, neck, arm or epigastric pain, dyspnoea, and diaphoresis)

- Monitor vital signs and ECG trace
- Record 12 lead ECG, repeat every 10 minutes if pain ongoing
- Insert IV cannula / bedside troponin / other blood tests
- Consult a doctor within 10 minutes
- Give aspirin 300 mg
- Give oxygen if saturations < 93% or in shock
- If in pain, give sublingual nitrates.
- Consider morphine to make painfree

Advice
Nearest Emergency Department
or Cardiology Advice Line (ONLY BSW REGION)
1300 132 843 (phone/fax)

Chest Pain Protocol
Non STEMI/Unstable Angina Protocol
ST Elevation MI Protocol

Transfer
Transfer
Transfer

Ring 000 to arrange transfer to nearest emergency department
Ring 000 to arrange transfer to nearest emergency department
Ring 000 to arrange transfer to nearest emergency department

Ring nearest Emergency Department
To alert staff to expect patient
Send or fax ECG
Send or fax troponin result

Ring nearest Emergency Department
To alert staff to expect patient
Send or fax ECG
Send or fax troponin result

Ring nearest Emergency Department
To alert staff to prepare for thrombolysis
Send or fax ECG and troponin
Pass on cardiology advice

• Pain free, and
• No ECG Changes, and
• Negative bedside troponin.

• Ongoing pain lasting longer than 10 minutes, or
• Recurrent pain, or
• Typical symptoms and diabetic or eGFR < 60, or
• CABG at any time or PCI in last 6 months, or
• ECG changes-new ST ↓ or T ↓, or
• Bedside Troponin T positive.

• Persistent ST elevation ≥1 mm in 2 contiguous limb leads, or
• 2 mm in ≥ 2 contiguous chest leads, or
• New LBBB.

ST Elevation MI Protocol

• Persistent ST elevation ≥1 mm in 2 contiguous limb leads, or
• 2 mm in ≥ 2 contiguous chest leads, or
• New LBBB.

Non STEMI/Unstable Angina Protocol

• Persistent ST elevation ≥1 mm in 2 contiguous limb leads, or
• 2 mm in ≥ 2 contiguous chest leads, or
• New LBBB.

Pre transfer checklist
• Brief transfer note written
• Photocopy medical and nursing notes
• Photocopy of ECG
• Bedside troponin result
• Cardiologist advice, if sought, passed on
• Next of kin best contact numbers recorded

(Results can be sent after patient departed, if needed)