Grampians Region Allied Health Professional Development Program 2015 –
Evidence Based Practice

A series of workshops will be delivered to allied health professionals in the Grampians Region (Ballarat) on
evidence based practice. These workshops are designed to provide practical support to allied health
professionals to work through the different components of evidence based practice (please see workshop
outlines for further information) and they are complimented by the evidence based practice e-learning modules
which have been developed and are expected to go live in April 2015. The workshops will assist allied health
professionals to:

- Determine if interventions used in their practice are supported by evidence based practice
- Use an evidence based practice framework to plan and implement a quality improvement project
- Use an evidence based practice approach to develop an oral or poster presentation for the Barwon South
  Western and Grampians Allied Health Conference 2015

Presenter:

Dr Helen McBurney is an Associate Professor with a joint appointment in the Physiotherapy Departments of
Monash University and Latrobe Regional Hospital. Helen has extensive experience as a clinician, academic
and researcher in metropolitan and rural settings.

The evidence based practice workshops will be provided free and preference will be given to allied health
professionals who commit to participating in 3 of the workshops (there is a fourth workshop available for those
who are interested). There are limited places available (up to 13 participants for each workshop) and
participants need only register for the AM or PM session (as the content of these sessions are repeated). The
workshop details are as follows:

<table>
<thead>
<tr>
<th>Workshop 1: Evidence based practice: Developing your question</th>
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<tbody>
<tr>
<td>Ballarat Community Health, Lucas campus (Training Conference Room)</td>
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<tr>
<td>Workshop 2: Evidence based practice: Conducting your literature search</td>
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<tr>
<td>Ballarat Health Services – Computer lab (located Ballarat Base Hospital Library)</td>
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<td>Workshop 3: Evidence based practice: Assessing the quality of the literature</td>
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<td>Ballarat Health Services – Education Resource Center, Seminar room 1 and 2 and computer lab (located Ballarat Base Hospital)</td>
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<tr>
<td>Workshop 4: Evidence based practice: Summarising the evidence</td>
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<td>Ballarat Community Health, Lucas campus (Training Conference Room)</td>
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