On thin ice.
The problem of crystal methamphetamine and how to safely and effectively respond

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Drug of most concern.
Treatment presentations
Hospital separations
Ambulance call outs
ED presentations
Drug induced deaths

NMDS, 2013-14; Lloyd et al, 2015; Roxburgh & Burns, 2015
Acute intoxication alone does not appear to lead to violent behaviour.

McKetin et al., 2006
Frontal lobe
(thinking, planning decision making)

Limbic system
(emotional, social and memory)
Prefrontal cortex
(thinking, planning, decision making)

Limbic system
(emotional, social processing and memory)
25%
Use calm even tones
Express concern
Short simple sentences, one message
Fixed choice options
Give space if needed
Less than usual eye contact
Don’t take anything personally
Don’t argue
Don’t be forceful, patronising or dismissive
Everyone is doing the best they can in that moment.
Frontline worker ice training

Do you work in one of these sectors?
Want to know how to better respond to people affected by ice?

Health
Community and social services
Police and emergency services
Local government
Justice services
Transport, hospitality, real estate and other services

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For more information visit health.vic.gov.au/icetraining