

waldi materad

waldi materad amin waldi moca baytibe yuqozâl karsi zashow zyleqkut fatah mognântâ.

- waldi materad viktoriyabe qânunbe rukhsântâ.
- koot ayna waldi morad hal. oparâsiyonbe; awin dawa mansabe. kootzo ugâm baliya zalelbâma yidalgizâl ugânta.
- viktoriyabe ilâ zehxagn sati karsiw dawabe materad rukhsânta. oparâsiyonbe khânagir sidisti sâtibe lay karsi mokhna halba.
- viktoriyabe 150 mitir materad kilinikbe baliya elbâm, baytim ahad usuum tâb zalaskehube kilinikzo maboa wâ mawxale tifarkâkhu.
- hakimzo materadle girgâra mogna zykhish khânagir kim girgâra yâshukhuzâl kifogn malâkh yiteqabañal.
- materadbe yitkhetalzâl balâa bajihumaltâ. isateradkhu beher afetqâmkho athisâsbekhugir hakimde huru.
- materad hisabot halakhuma , aydabe maalumât wâ materad khidma hal bâkhugir, **1800myoptions.org.au** awinta **1800MyOptions on 1800 696 784** dawilu.

dawabe wâ oprâsiyonbe materad matmizâzan

	waldi materad dawa mansabe	waldi materad oparâsiyonbe
ugazo min aynânta?	<ul style="list-style-type: none"> • waldi mawrad bah aynânta • kinin mawhaxbe 	<ul style="list-style-type: none"> • oprâsiyonle madanzaâ ayna yitnâfaalu
manjah nasibzo aytaqesitâ?	<ul style="list-style-type: none"> • baqlabe 95be ila 98 yenajhâl • baqlabe koot be ilâ hamisti idochâch mulube materadle dibâya dawa awinta xiqasho oprâsiyon yatkhishayohol 	<ul style="list-style-type: none"> • baqlabe 98 yinajhâl
Min-ayna hakim gârâch yi khidmâw yisxâlu?	<p>1800 MyOptions.org.au heju zâlakhu milhotâch:</p> <ul style="list-style-type: none"> • hakimkho • ‘community health services’ • ruh hawâz klinik wa hakim gâr • mangisti hakim gâr • ‘telehealth’, yelozalbe silkibe masânan walakin qurakhobe zâl hakimbe karsibe zâlakhunat yaqin makhna halba 	<p>1800MyOptions.org.au heju zâlakhu milhotâch:</p> <ul style="list-style-type: none"> • mangisti hakim gâr • ruh hawâz hakim gâr • ruh hawâz ‘day Clinic’
aydabe yâshohol?	dawa mansa hirgizo kilinikbe amintâ “telehealth” silkibe azokutzom materadzo gârbe aminta gâr ayna ataybe yokhunâl.	hakim gârbe amintâ “day surgery unit” yelozalbe
ay-qesi waqti yinasâl?	megal kininu isnasaobeher kootâgn kininu 24 be ilâ 48 sâa beher yinasohol, haratbe ilâ sidisti sâa mâbeynabe waldizo yurdâl.	xabxab wâ oprâsiyon zo ilâ 15 daqiqa yinasâl.
machinta materad yetfarakâzâl?	karsibe zâl “ultrasound” be matraale zibaqasâbe ilâwa zahxagn sâtibe	abzah gir 6 sâtibe ilâ 12 sâti zâl waqti baliya elbâm.

	waldi materad dawa mansabe	waldi materad oparâsiyonbe
		karsibe akhirtâgn daraja waqtibe morad zaltilamadânta, fizbem xiqsho atayâch gargâra yisxâlu.
dam yatkuinal?	dam avragbe 10 ilâ 16 ayamle yucâl	dam mawxa bizhahazo wâ insazo idochbe idoch yitlâyâl sâtiyâchle dam yucilem yifarkâl uzokutzom minsâ yilixle wâ minsâ yidijile yitâwaqumel
misti yatkiplâlu?	materad khidma yisxizâlâch qimaziyuw athebru	materad khidma yisxizâlâch qimaziyuw athebru
karsi mognâw matqerahti machi megal yitfarakâl?	waldi isaterado beher abzah karsi almognale yitkhâtarbozâl dawa aynâch, waqtizobe awinta faxanbe megal yitfakâl	abzah karsi almogna matqerahti oprâsiyonbe yatirdowâ ayamzo megal yitfarakâl

Dibâya maalumâtle

yi waldi materad haqîqa xalhayâchma “health translations directory” zâlu shishtizâl xalhayâchle ahadzonta, ziqarale yibehar zâl sumbe heju:

- waldi morad -dawa mansabe
- waldi morad -oparâsiyonbe

aydabe gergâra ytrakhabâl?

- [1800 my options](#) Tel. [1800 696 784](#) turjuman 131450
- hakimkho
- [Family Planning Victoria](#) Tel. (03) 9257 0100 or bilâsh call 1800 013 952
- Community health service: <https://www2.health.vic.gov.au/primary-and-community-health/community-health/community-health-directory>
- [Pregnancy, Birth and Baby Helpline](#) 1800 882 436

Victoria mangistibe zitkebalawma zitkatana, 1 hisab yardubozal gar, Melbourne. © State of Victoria, Afet qam wa ussu waldi haqle ziqanana, January 2019. Yitrakhabazalum <<http://healthtranslations.vic.gov.au/>>