

ASSAD 2017 Victoria

Victorian secondary students' use of tobacco, alcohol, and other substances

Snapshot



Most Victorian students have never smoked

83%

had never smoked
Higher than 2011



4% were current smokers¹

Fewer than in 2011 (7%)

84%
current smokers obtain cigarettes from family or friends and do not buy them

70%
of past-month smokers had used roll-your-own tobacco

Fewer Victorian students are drinking alcohol

33%

had never had an alcoholic drink

Prevalence has declined since 2011

1 in 4

drank in the past month



1 in 7

17 year olds drank five or more alcoholic drinks at least once in the past week

48%
of current drinkers¹ obtained alcohol from parents

Regional students were more likely to drink and at risky levels

14% had ever used electronic cigarettes (vaped, used e-cigarette)

5%
12 year olds

20%
17 year olds



1 in 6 had ever used tranquilisers for non-medical reasons

Most accessed through parents

4% used an e-cigarette in the past month

Cannabis
15%
ever used

Few students had tried illicit substances

Cannabis was the most commonly used illicit substance

¹ Students who had smoked in the past week were defined as current smokers. Students who had consumed alcohol in the past week were defined as current drinkers.

ASSAD 2017 VICTORIA

Tobacco use among Victorian Secondary Students

83%



had never smoked

7%

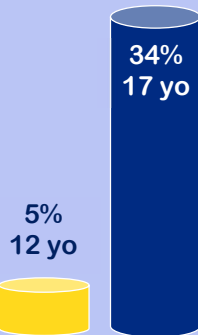


smoked in the past month

1 in 25



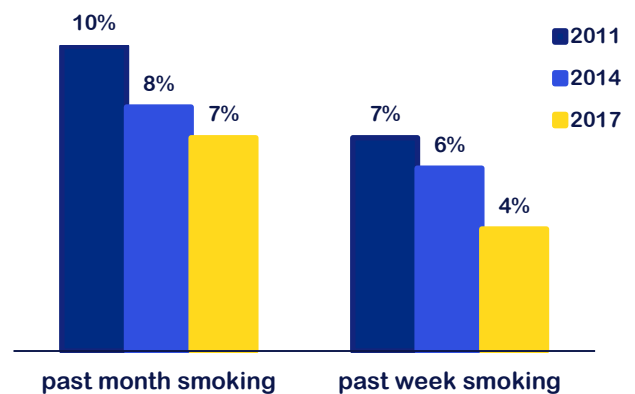
smoked in the past week



Ever tried a cigarette

Trends in smoking

2011-2017



Vaping

14%

had ever vaped (used an e-cigarette)

27%

of ever vapers used an e-cigarette in the past month

Current smoking (in the past week) has more than halved since 2008

4%

2017

9%

2008

Current smokers¹

16% bought cigarettes themselves



48% obtained cigarettes from friends

25% of current smokers smoked daily

Most common brands:
25% JPS
12% Winfield

¹ Students who had smoked in the past week were defined as current smokers.

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Alcohol use among Victorian Secondary Students

67%

ever drank alcohol



1 in 8

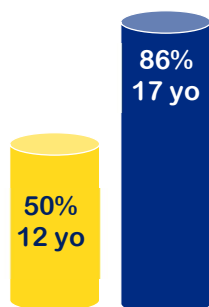


16-17 year olds drink at risky levels

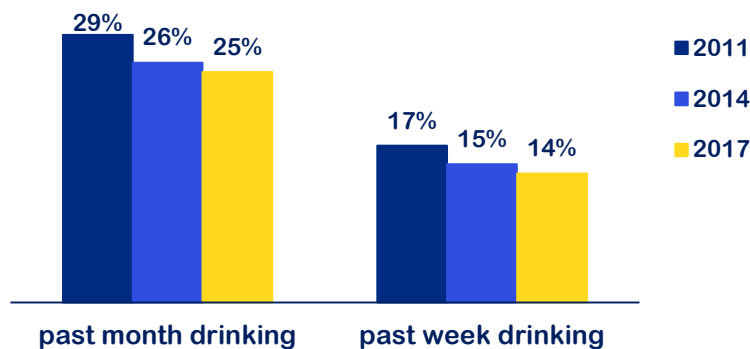
Around 1 in 7



drank in the past week



Ever drank alcohol



Trends in drinking 2011-2017

Usual drink consumed by current drinkers¹

Premixed spirits 43%

Spirits 15%

Beer 4%

Beer 47%



Fewer students drank alcohol in the past month

2008 39%
2011 29%
2014 26%
2017 25%



Current drinkers¹

4% aged 16-17 bought alcohol themselves



48% obtained from parents

37% drank at a party

33% drank at home

2 in 3 experienced at least 1 negative outcome after drinking

¹ Students who had consumed alcohol in the past week were defined as current drinkers.

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Use of Over-the-counter Drugs & Other Substances among Victorian secondary students

Analgesics

95%

ever used

Use higher among female than male students



Tranquilisers

used by **1 in 6**



for non-medical reasons

Cannabis

15% ever used

4% past week

Use increased with age

48%
past
year
users

Used analgesics for headache or migraine pain

Analgesics provided by parents

92%
past
year
users

Tranquiliser use has increased since 2011

2011 **15%**

2014 **17%**

2017 **18%**

64% of past year users obtained from parents

Cannabis commonly used by past year users in a bong or joint

- At a friend's home – **36%**
- At a party – **24%**
- In a park – **16%**

Past month use

Inhalants

8%

Ecstasy

2%

Methamphetamine

1%

Cocaine

1%

Hallucinogens

1%

Ever used

Performance enhancing drugs

2%

Ketamine

2%

GHB

1%

Heroin

1%

Trends

Cannabis use in 2017 was similar to that found in 2014 and 2011

Ecstasy use in 2017 had increased compared to 2011 and 2014

Increase in reported use of inhalants among older students from 2011 to 2017