

USING ALONE?

1. STAY VISIBLE
2. HALVE YOUR HIT
3. PHONE A FRIEND FIRST

Dying
for a
hit?

USING ALONE?

Most fatal overdoses happen when people use alone.

You should avoid using alone, but if you do:

- Stay visible
- Let someone know how long you'll be and where you are
- Halve your hit, especially if you've had a break or don't know the purity

Remember, using alone means no one to call the ambos

LOOK AFTER YOUR MATES.
CALL AN AMBULANCE '000'
AND SAVE A LIFE



DirectLine
1800 888 236 24 HOURS
7 DAYS
COMPARTMENTAL ALCOHOL AND DRUG COUNSELLING AND REPAIR LINE