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| Allied Health Clinical Supervision Reflective Practice Record |

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| **Date of this session:** |  | **Duration of session:** |  |
| **Supervision method:** |  | **Next session date:** |  |
| **Supervisee:** |  | **Clinical supervisor:** |  |
| **Supervisee signature:** |  | **Supervisor signature:** |  |
| **Follow up / updates since last supervision session:** | | | |
|  | | | |

Venn Diagram. 
Circle 1 - What?
Attached text to Circle 1:
What happened? 
What were you thinking or feeling?
Circle 2 - Now What?
Attached text to Circle 2: 
If it happened again what would you do?
Circle 3 - So What?
Attached text to Circle 3:
What was good or bad about the situation?
What sense can you make of it?
What else could you have done?


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| **What?** *What happened? What were you thinking or feeling?* |
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| **So What?** *What was good or bad about the situation? What sense can you make of it? What else could you have done?* |
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| **Now What?** *If it happened again what would you do? Are there any opportunities for future learning?* |
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| **SMART Goal(s) For My Learning** *What am I going to aim to achieve? You may like to keep in mind the 'To... Through... By…' format for structuring learning goals introduced in the “Getting Started with Clinical Supervision” learning module* |
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