

Appendix



Alpine Ararat Ballarat Banyule Bass Coast Baw Baw Bayside Benalla Boroondara Brimbank Buloke Campaspe Cardinia Casey Central Goldfields Colac-Otway Corangamite Darebin East Gippsland Frankston Gannawarra Glen Eira Glenelg Golden Plains Greater Bendigo Greater Dandenong Greater Geelong Greater Shepparton Hepburn Hindmarsh Hobsons Bay Horsham Hume Indigo Kingston Knox Latrobe Loddon Macedon Ranges Manningham Mansfield Maribyrnong Maroondah Melbourne Melton Mildura Mitchell Moira Monash Moonee Valley Moorabool Moreland Mornington Peninsula Mount Alexander Moyne Murrindindi Nillumbik Northern Grampians Port Phillip Pyrenees Queenscliffe South Gippsland Southern Grampians Stonnington Strathbogie Surf Coast Swan Hill Towong Wangaratta Warrnambool Wellington West Wimmera Whitehorse Whittlesea Wodonga Wyndham Yarra Yarra Ranges Yarriambiack Alpine Ararat Ballarat Banyule Bass Coast Baw Baw Bayside Benalla Boroondara Brimbank Buloke Campaspe Cardinia Casey Central Goldfields Colac-Otway Corangamite Darebin East Gippsland Frankston Gannawarra Glen Eira Glenelg Golden Plains Greater Bendigo Greater Dandenong Greater Geelong Greater Shepparton Hepburn Hindmarsh Hobsons Bay Horsham Hume Indigo Kingston Knox Latrobe Loddon Macedon Ranges Manningham Mansfield Maribyrnong Maroondah Melbourne Melton Mildura Mitchell Moira Monash Moonee Valley Moorabool Moreland Mornington Peninsula Mount Alexander Moyne Murrindindi Nillumbik Northern Grampians Port Phillip Pyrenees Queenscliffe South Gippsland Southern Grampians Stonnington Strathbogie Surf Coast Swan Hill Towong Wangaratta Warrnambool Wellington West Wimmera Whitehorse Whittlesea Wodonga Wyndham Yarra Yarra Ranges Yarriambiack Alpine Ararat Ballarat Banyule Bass Coast Baw Baw Bayside Benalla Boroondara Brimbank Buloke Campaspe Cardinia Casey Central Goldfields Colac-Otway Corangamite Darebin East Gippsland Frankston Gannawarra Glen Eira Glenelg Golden Plains Greater Bendigo Greater Dandenong Greater Geelong Greater Shepparton Hepburn Hindmarsh Hobsons Bay Horsham Hume Indigo Kingston Knox Latrobe Loddon Macedon Ranges Manningham Mansfield Maribyrnong Maroondah Melbourne Melton Mildura Mitchell Moira Monash Moonee Valley Moorabool Moreland Mornington Peninsula Mount Alexander Moyne Murrindindi Nillumbik Northern Grampians Port Phillip Pyrenees Queenscliffe South Gippsland Southern Grampians Stonnington Strathbogie Surf Coast Swan Hill Towong Wangaratta Warrnambool Wellington West Wimmera Whitehorse Whittlesea Wodonga Wyndham Yarra Yarra Ranges Yarriambiack Alpine Ararat Ballarat Banyule Bass Coast Baw Baw Bayside Benalla Boroondara Brimbank Buloke Campaspe Cardinia Casey Central Goldfields Colac-Otway Corangamite Darebin East Gippsland Frankston Gannawarra Glen Eira Glenelg Golden Plains Greater Bendigo Greater Dandenong Greater Geelong Greater Shepparton Hepburn Hindmarsh Hobsons Bay Horsham Hume Indigo Kingston Knox Latrobe Loddon Macedon Ranges Manningham Mansfield Maribyrnong Maroondah Melbourne Melton Mildura Mitchell Moira

Appendix A

Data items for the Victorian Population Health Survey 2008

Demographics

Age
Sex
Marital status
Country of birth
Main language spoken at home
Country of birth of mother
Country of birth of father
Highest level of education
Employment status
Main field of occupation
Household income
Housing tenure
Whether has private health insurance
Indigenous status
Area of state (Local Government Area & Department of Health region)
Number of adults aged 18 years or over in household

Screening

Whether had blood pressure check in previous two years
Whether had cholesterol check in previous two years
Whether had a test for diabetes or high blood sugar levels in previous two years
Bowel cancer screening in previous two years
Recency of pap smear screening
Recency of breast cancer screening

Self-reported height and weight

Nutrition

Number of serves of vegetables eaten each day
Number of serves of fruit eaten each day
Amount of water consumed each day
Food security

Alcohol

Whether had an alcoholic drink of any kind in previous 12 months
Frequency of having an alcoholic drink of any kind
Amount of standard drinks consumed when drinking
Level of frequency of high risk drinking

Smoking

Smoking status
Frequency of smoking
Smoking during pregnancy

Asthma

Asthma status

Blood pressure

High blood pressure status
Management of high blood pressure

Diabetes

Diabetes status
Age first diagnosed with diabetes
Type of diabetes

Social capital measures

Social networks and support structures
Social and community participation
Civic involvement and empowerment
Trust in people and social institutions
Tolerance of diversity

Physical activity

Whether walked continuously for at least 10 minutes in previous week
Amount of time spent walking continuously in previous week
Whether did any vigorous physical activity in previous week
Amount of time spent doing vigorous activity
Whether did any incidental physical activity for 10 or more minutes in previous week
Usual time of week spent doing incidental physical activity

Self-reported health status

Kessler 10 measure of psychological distress

Health conditions

Arthritis
Heart disease
Stroke
Cancer
Osteoporosis
Depression or anxiety

Mental Health

Whether sought help for mental health related problem
Who professional help was sought from

Eye care

Change in vision in previous 12 months
Visits to eye specialists
Eye problems
Eye protection

