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QUIT NOW. WE CAN HELP.
For help to quit smoking
call QUITLINE on 13 78 48
or visit www.quit.org.au



**CHILDREN AT PLAY.
PLEASE DON'T SMOKE HERE.**

In Victoria, smoking is banned outdoors within 10 metres of:

- playgrounds and skate parks
- sporting venues during under 18s events and within public swimming pool grounds.

For more information visit:

www.health.vic.gov.au/tobaccoreforms



When you don't smoke, you help others too.

Keeping the places where children play smoke-free:

- helps smokers to limit or quit smoking
- removes cues that tempt quitters to relapse
- keeps smoking away from children
- reduces cigarette butt litter
 - a serious toxin in Victoria's environment.