



ENGLISH	KAREN
Background	တၢ်စံၣ်စီၤဂံၢ်ထံး
<p>Victoria is the first state in Australia to pass voluntary assisted dying laws. The Voluntary Assisted Dying Act (2017) provides a safe legal framework for people who are suffering and dying to choose the manner and timing of their death.</p>	<p>ဘံးထီၣ်ရံၤယုၣ်မ့ၢ်ကီၢ်ဝဲၣ်အခိၣ်ထံးတခါလၢအိၣ်ဒီးစံၣ်တြၢလၢယါအပူၤလၢအထူးထီၣ်ဝဲတၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤအတၢ်သိၣ်တၢ်သီတဖၣ်န့ၣ်လီၤ.</p> <p>Voluntary Assisted Dying Act 2017 (တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤတၢ်ဘျၢ2017) ဟ့ၣ်ဝဲဒၣ်သဲးစးတၢ်ဖံးတၢ်မၤအတၢ်ကီၢ်လၢအပူၤဖျဲးတခါလၢပုၤလၢအတူၢ်ဘၣ်ခိၣ်ဘၣ်တၢ်ဒီးကသံဘူးထီၣ်တဖၣ်ကယုၤအဝဲသ့ၣ်အတၢ်သံအလုၢ်အလၢဒီးအဆၢကတီၢ်န့ၣ်လီၤ.</p>
<p>With comprehensive safeguards and rigorous protections, the process for accessing voluntary assisted dying in Victoria will be the safest and most conservative in the world.</p>	<p>လၢအိၣ်ယုၣ်ဒီးတၢ်တြီယၢ်ကဟ့ၣ်ကယၢ်လၢအကျၢ်ဘၢတၢ်လၢလၢပုၤပုၤဒီးတၢ်ဒီးသၢလၢအဆူၣ်အကိၤတဖၣ်, ကျိၤကွၢ်လၢတၢ်မၤန့ၣ်သ့ၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤလၢဘံးထီၣ်ရံၤယုၣ်အပူၤအံၤကမ့ၢ်တၢ်အပူၤဖျဲးကတၢ်ဒီးမ့ၢ်တၢ်လၢအလဲၤတၢ်ဒ်လုၢ်လၢအသိးအခိၣ်ကတၢ်လၢဟီၣ်ခိၣ်ချၢအံၤန့ၣ်လီၤ.</p>
<p>What is voluntary assisted dying?</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤန့ၣ်မ့ၢ်တၢ်မနုၤလဲၣ်.</p>
<p>Voluntary assisted dying means administering a substance for the purpose of causing death in accordance with the steps and process set out in law.</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤစံးတၢ်န့ၣ်တၢ်ရဲၣ်ကျဲၤပၤဆုၤမၤဝဲဒၣ်ကသံၣ်ကသီတခါလၢအတၢ်ပညိၣ်မ့ၢ်တၢ်ကုၤကဲထီၣ်တၢ်သံလၢအလဲၤလီၤဒီးခိၣ်ခါဒီးကျိၤကွၢ်လၢတၢ်ဟံၤလီၤတ့ၢ်လံၤအိၣ်လၢတၢ်သိၣ်တၢ်သီအပူၤန့ၣ်လီၤ.</p>
<p>Voluntary assisted dying must be voluntary and initiated by the person themselves, and it will usually be self-administered. Only those who are already dying from an incurable, advanced and progressive disease, illness or medical</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤန့ၣ်ကဘၣ်မ့ၢ်တၢ်မုၢ်သးမံကလိဒီးဘၣ်တၢ်စးထီၣ်အိၣ်ခိၣ်ပုၤတၢ်န့ၣ်အနီၢ်ကစၢ်ဒၣ်ဝဲ, ဒီးတၢ်အံၤညိၣ်န့ၣ်ကမ့ၢ်နီၢ်ကစၢ်အတၢ်ရဲၣ်ကျဲၤပၤဆုၤမၤအိၣ်န့ၣ်လီၤ. ထဲဒၣ်ပုၤလၢအဘူးကသံဝဲဒၣ်လၢတၢ်ဆူးတၢ်ဆါမ့ၢ်တၢ်ဆိးက့ၢ်ဆါဘီမ့ၢ်တၢ်ဆူးတၢ်ဆါအတၢ်အိၣ်သးလၢတၢ်ကုၤစါယါဘျၢအိၣ်တန့ၢ်, အခါတလၢကွၢ်လံၤဒီးနးထီၣ်ဆူညါတဖၣ်မိၤမၤန့ၣ်သ့ၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤအံၤသ့ၣ်န့ၣ်လီၤ.</p>



<p>condition will be able to access voluntary assisted dying.</p>	
<p>Voluntary assisted dying is only for those who face an inevitable, imminent death as a result of an incurable disease, illness or medical condition.</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤမ့ၢ်ထဲၣ်လၢပုၤလၢအဘၣ်ကွၢ်ဆၢၣ်မဲၣ်တၢ်သံလၢတၢ်ယုၢ်ဖျဲးတသ့ဘၣ်ဒီးတယံၣ်လၢဘၣ်ဒီးကကဲထီၣ်မ့ၢ်လၢတၢ်ဆူးတၢ်ဆါ,တၢ်ဆိးက့ဆါဘီမ့တမ့ၢ်တၢ်ဆူးတၢ်ဆါအတၢ်အိၣ်သးလၢတၢ်ကူစါအိၣ်တသ့တန့ၢ်လၢဘၣ်န့ၣ်လီၤ.</p>
<p>Why is there a law?</p>	<p>ဘၣ်မနုၤအယိတၢ်သိၣ်တၢ်သီတခါအိၣ်ဝဲၣ်န့ၣ်လဲၣ်.</p>
<p>Voluntary assisted dying is a process where an eligible individual (and only that individual) who is at the end of their life, and suffering, may choose the manner and timing of their death, after following steps set out in Victorian law.</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢမ့ၢ်ကျိၤကွၢ်တခါလၢဖဲနီၢ်တကစုၣ်စုၣ်လၢအကြးဘၣ်တူထီၣ်ထီၣ်ဘးဝဲၣ်န့ၣ်(ဒီးထဲၣ်ပုၤတဂၤန့ၣ်)အံၤအသးသမူဘူးကကတၢ်လံၤ,ဒီးတူၢ်ဘၣ်ခိၣ်ဘၣ်တၢ်အံၤကယုထာဝဲၣ်န့ၣ်အတၢ်သံအလုၢ်အလၢဒီးအဆၢကတီၢ်လၢအအိၣ်ဒီးတၢ်လူပိၣ်မၤထွဲဝဲၣ်န့ၣ်ခါတဖၣ်လၢတၢ်ဟံလီၤယၢ်အိၣ်လၢဘံးထီၣ်ရံၤတၢ်သိၣ်တၢ်သီအပူၤန့ၣ်လီၤ.</p>
<p>The law means that a person may be assisted by medical practitioners to access a substance to use to end their life at a time of their choosing. The process ensures the person's decision is voluntary and enduring and provides clear guidance for how medical practitioners can lawfully support the person in this choice.</p>	<p>တၢ်သိၣ်တၢ်သီအခိပညီတခါပုၤကညီတကကဘၣ်တၢ်မၤစၢအိၣ်ဖျိကသံၣ်သရၣ်သမါတဖၣ်လၢတၢ်ကမၤန့ၢ်သူကသံၣ်ကသီတခါလၢတၢ်ကသူအိၣ်လၢအကမၤကတၢ်ကွၢ်အသးသမူဖဲတၢ်ဆၢကတီၢ်လၢအဝဲသ့ၣ်ယုထာဝဲၣ်န့ၣ်လီၤ.ကျိၤကွၢ်အံၤမၤလီၤတံၢ်ဝဲၣ်န့ၣ်လၢပုၤကညီတကအံၤအတၢ်ဆၢတံၢ်မ့ၢ်ဝဲၣ်န့ၣ်တၢ်မုၢ်သးမၤကလီၤဒီးကၢ်ကျၢ်ဝဲၣ်န့ၣ်ဒီးဟ့ၣ်တၢ်န့ၣ်ကျဲလၢအအိၣ်ဖျါဆံၣ်လၢကသံၣ်သရၣ်သမါတဖၣ်ကသ့မၤစၢအိၣ်ထွဲပုၤတဂၤအံၤလၢအတၢ်ယုထာဝဲၣ်န့ၣ်အံၤအပူၤအဂီၢ်လၢကျဲၣ်လဲၣ်န့ၣ်လီၤ.</p>
<p>The law also provides a range of protections to make sure that voluntary assisted dying is safely implemented and monitored in Victoria.</p>	<p>တၢ်သိၣ်တၢ်သီအံၤဟ့ၣ်စ့ၢ်ကိးတၢ်ဒီသဒါအကလုၢ်ကလုၢ်လၢတၢ်ကမၤလီၤတံၢ်ဝဲၣ်န့ၣ်လၢတၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤတၢ်မၤလၢထီၣ်ပုၤထီၣ်ပုၤဖျဲးဖျဲးဒီးတၢ်ကွၢ်ထွဲကွၢ်ဟ့ၣ်အိၣ်လၢဘံးထီၣ်ရံၤယၢ်အပူၤန့ၣ်လီၤ.</p>



<p>Who is able to access voluntary assisted dying?</p>	<p>မုၢ်မတၢမၤန့ၢ်သ့တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢသ့ဝဲဒၣ်လဲၣ်.</p>
<p>Voluntary assisted dying is only for people who are suffering from an incurable, advanced and progressive disease, illness or medical condition, who are experiencing intolerable suffering. The condition must be assessed by two medical practitioners to be expected to cause death within six months.</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤမုၢ်ထဲဒၣ်လၢပုၤလၢအတူၢ်ဘၣ်ခိၣ်ဘၣ်တၢ်လၢတၢ်ဆူးတၢ်ဆါ,တၢ်ဆိးက့ဆါဘိမ့တမ့ၢ်တၢ်ဆူးတၢ်ဆါအတၢ်အိၣ်သးလၢတၢ်ကူစါယါဘျါအိၣ်တသ့,အခါတလၢက့ၣ်လံဒီးနးထီၣ်ဆူညါက့ၢ်က့ၢ်,ပုၤလၢအလဲခိဖျိဘၣ်တၢ်တူၢ်ဘၣ်ခိၣ်ဘၣ်လၢတူၢ်တသ့တန့ၢ်လၢတဖၣ်န့ၣ်လီၤ. တၢ်ဆူးတၢ်ဆါအတၢ်အိၣ်သးအံၤကဘၣ်တၢ်သမံသမိးမၤက့ၢ်အိၣ်ဖျိကသံၣ်သရၣ်သမါခံဂၤလၢတၢ်ကဘၣ်မုၢ်လၢလၢတၢ်ကမၤကဲထီၣ်တၢ်သံအံၤလၢယုလၢအတီၢ်ပူၤန့ၣ်လီၤ.</p>
<p>There is an exception for a person suffering from a neurodegenerative condition, where instead the condition must be expected to cause death within 12 months.</p>	<p>တၢ်ပၢ်လီၤဆိတခါအိၣ်ဝဲဒၣ်လၢပုၤလၢအတူၢ်ဘၣ်ခိၣ်ဘၣ်တၢ်လၢန့ၢ်အတၢ်မၤအတၢ်ဆံးလီၤစ့လီၤအတၢ်အိၣ်သးအဂီၢ်,လၢတၢ်အိၣ်သးအလီၢ်တၢ်ကဘၣ်မုၢ်လၢလၢတၢ်ကမၤကဲထီၣ်တၢ်သံအံၤလၢ12လၢအတီၢ်ပူၤန့ၣ်လီၤ.</p>
<p>Voluntary assisted dying will only be available to Victorians who are over the age of 18 who have lived in Victoria for at least 12 months, and who have decision-making capacity. To be eligible for voluntary assisted dying they must be experiencing suffering that cannot be relieved in a manner the person considers tolerable.</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤကအိၣ်ဝဲဒၣ်ထဲဒၣ်လၢပုၤဘးထီၣ်ယုၣ်ဖိတဖၣ်လၢအသးအိၣ်၁၈န့ၣ်ဒီးအိၣ်ဆိးတ့ၢ်လံလၢဘးထီၣ်ယုၣ်အပူၤအစ့ကတၢ်12လၢတဖၣ်ဇိးအဂီၢ်,ဒီးမုၢ်ပုၤလၢအအိၣ်ဒီးတၢ်သ့တၢ်ဘၣ်လၢကမၤတၢ်ဆါဝဲန့ၣ်လီၤ.တၢ်ကြးဘၣ်တုၤထီၣ်ထီၣ်ဘးဝဲဒၣ်လၢတၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢန့ၢ်ပုၤသ့ၣ်တဖၣ်အံၤကဘၣ်လဲခိဖျိတၢ်တူၢ်ဘၣ်ခိၣ်ဘၣ်လၢတၢ်မၤကိညါလီၤအိၣ်တသ့ဝဲဒၣ်လၢတၢ်ကမၤကိညါလီၤတၢ်ဒ်ပုၤတဂၤအံၤဆိကမိၣ်လၢအတူၢ်ဝဲဒၣ်န့ၢ်ဒီးသ့ဝဲအပတီၢ်န့ၣ်လီၤ.</p>
<p>Mental illness or disability alone are not grounds for access to voluntary assisted dying, but people who meet all other criteria, and who have a disability or mental illness, will not</p>	<p>နီၢ်သးအတၢ်ဆိးက့ဆါဘိမ့တမ့ၢ်နီၢ်ခိၣ်နီၢ်သးအတၢ်တလၢတပျဲတဆူၣ်တချူတခါဇိးန့ၣ်တမ့ၢ်ခိၣ်တယၣ်လၢတၢ်ကမၤန့ၢ်သ့ဝဲဒၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢန့ၣ်ဘၣ်,သန့က့ပုၤလၢအဘၣ်လိၣ်အသးဒီးတၢ်ပၢ်ပနီၣ်လၢအဂၤလဲလၢ်တဖၣ်,ဒီးမုၢ်ပုၤလၢအအိၣ်ဒီးနီၢ်ခိၣ်နီၢ်သးအတၢ်တလၢတပျဲတဆူၣ်တချူမ့တမ့ၢ်နီၢ်သးအတၢ်ဆိးက့ဆါဘိ,န့ၣ်တၢ်ကသမၤအိၣ်လၢအကမၤန့ၢ်သ့ဝဲဒၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢန့ၣ်ဘၣ်.</p>



<p>be denied access to voluntary assisted dying.</p>	
<p>How will voluntary assisted dying work?</p>	<p>တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤကမၤတၢ်လၢကျဲၣ်လဲၣ်.</p>
<p>Only the person wanting to access voluntary assisted dying may initiate discussions with health practitioners about voluntary assisted dying.</p>	<p>ထဲၣ်ပုၤတၢ်လၢအအိၣ်ဒီးမၤန့ၢ်ဝဲၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢကစးထီၣ်တၢ်တဲသကိးတဖၣ်ဒီးတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ၣ်ဝိသရၣ်သမၤတဖၣ်လၢအဘၣ်ယးဒီးတၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢန့ၣ်လီၤ.</p>
<p>A family member or carer can't request voluntary assisted dying on somebody else's behalf. This is to ensure that the request is completely voluntary and without coercion, and that the decision is the person's own.</p>	<p>ဟံၣ်ဖီဖီမ့တမ့ၢ်ပုၤကွၢ်ထွဲကဟုကယၢ်တၢ်တၢ်ယုထီၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢလၢပုၤအကတၢ်အလီၢ်တသ့ဝဲၣ်ဘၣ်.တၢ်အံၤမ့ၢ်တၢ်ကမၤလီၤတံၢ်ဝဲၣ်လၢတၢ်ယုထီၣ်အံၤမ့ၢ်တၢ်မုၢ်သးမံကလိအလၢအပွဲၤဒီးတအိၣ်ဒီးတၢ်မၤအုၣ်မၤစိးတၢ်ဘၣ်ဒီးတၢ်ဆၢတံၢ်အဝဲန့ၣ်ကမ့ၢ်ဒၣ်ပုၤတၢ်န့ၣ်အတၢ်ဆၢတံၢ်န့ၣ်လီၤ.</p>
<p>If a person wants to request access to voluntary assisted dying, they will need to be assessed by a suitably qualified doctor who will determine if the person is eligible. If the person is eligible, the process is repeated with a second doctor who will need to conduct another assessment. The doctors will make sure the person is making a fully informed decision and is aware of the available palliative care options.</p>	<p>ဝဲပုၤတၢ်မ့ၢ်အိၣ်ဒီးယုန့ၢ်တၢ်မၤန့ၢ်သ့ဝဲၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤန့ၣ်.အဝဲသ့ၣ်ကဘၣ်တၢ်သမံသမိးမၤကွၢ်အိၣ်ဖျိကသံၣ်သရၣ်လၢအကးဝဲဘၣ်ဝဲၣ်လၢကမၤတၢ်အံၤအဂီၢ်တၢ်လၢအကဆၢတံၢ်ဝဲၣ်ပုၤတၢ်အံၤမ့ၢ်အမ့ၢ်ကြးဘၣ်တုၤထီၣ်ထီၣ်ဘးဝဲၣ်န့ၣ်.တၢ်ကမၤကဒီးတၢ်မၤအံၤလၢကသံၣ်သရၣ်ခံၣ်ကတၢ်လၢအကလိၣ်မၤဝဲၣ်တၢ်သမံသမိးမၤကွၢ်အကတၢ်ခါန့ၣ်လီၤ.ကသံၣ်သရၣ်သမၤတဖၣ်ကမၤလီၤတံၢ်ဝဲၣ်လၢပုၤတၢ်အံၤမၤဝဲၣ်တၢ်ဆၢတံၢ်လၢအအိၣ်ဒီးတၢ်ဒုးသ့ၣ်ညါအဂီၢ်လီၤတံၢ်လီၤဆဲးဒီးသ့ၣ်ညါဝဲၣ်လၢတၢ်မၤကိညါလီၤတၢ်တူၢ်ဘၣ်ခိၣ်ဘၣ်တၢ်အတၢ်ယုထၢတဖၣ်အိၣ်ဝဲၣ်န့ၣ်လီၤ.</p>
<p>If the person wishes to proceed, they will need to</p>	<p>ဝဲပုၤတၢ်အံၤမ့ၢ်ဆၢမ့ၢ်လၢကမၤတၢ်အံၤဆူညါန့ၣ်.အဝဲသ့ၣ်ကလိၣ်မၤဝဲၣ်တၢ်ဘိးဘၣ်သ့ၣ်ညါလၢအကွဲးလီၤဟံၣ်အသးတဘျီလၢပုၤသဘူခံၣ်ကထံၣ်ဘၣ်ဆူၣ်အသး.မၤဂၢၢ်ကျဲၣ်လဲၣ်လၢအဝဲသ့ၣ်မၤဝဲၣ်တၢ်ဆၢတံၢ်လၢအအိၣ်ဒီးဒုး</p>



<p>make a written declaration that is witnessed by two independent individuals, confirming that they are making an informed, voluntary and enduring decision to access voluntary assisted dying.</p>	<p>သွန်ညါတၢ်ဂ့ၢ်, မ့ၢ်တၢ်မ့ၢ်သးမၤကလိဒီးဂၢ်ကျၢၤဝဲဒၣ်လၢတၢ်ကမၤန့ၣ်သ့တၢ်သးမ့ၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤန့ၣ်လီၤ.</p>
<p>On receiving a final request, the doctor will apply for a permit to prescribe a substance that the person may use to end their life at a time of their choosing. The person must administer the substance themselves, unless they are physically unable to do so, in which case their doctor may assist.</p>	<p>ဖဲဒီးန့ၢ်တၢ်ယုထီၣ်လၢခံကတၢ်တခါမ့ၢ်ဝံၤ, ကသံၣ်သရၣ်ကပတံထီၣ်တၢ်ပျဲလၢကကွဲးဟ့ၣ်လီၤကသံၣ်ကသီတခါဆူပုတကၤန့ၣ်လၢအကသ့ဝဲဒၣ်လၢတၢ်ကမၤကတၢ်အဝဲသ့ၣ်အတၢ်အိၣ်မူဖဲတၢ်ဆၢကတီၢ်လၢအဝဲသ့ၣ်ယုထီၣ်ဒၣ်န့ၣ်လီၤ. ပုတကၤအံၤကဘၣ်ပၤဆူရဲၣ်ကျဲၤကသံၣ်ကသီတခါအံၤလၢအနီၢ်ကစၢ်ဒၣ်ဝဲ. မ့တမ့ၢ်ဘၣ်လၢအအိၣ်ဒီးနီၢ်ခိၣ်အတၢ်သ့တၢ်ဘၣ်လၢကမၤတၢ်အိၣ်မတခိ, လၢတၢ်အိၣ်သးဒ်အံၤအဝဲသ့ၣ်ကသံၣ်သရၣ်ကမၤစၢၤအိၣ်န့ၣ်လီၤ.</p>
<p>No health practitioner or healthcare provider will be obliged to participate in voluntary assisted dying.</p>	<p>တၢ်အိၣ်ဆူၣ်အိၣ်ဆူအပူၤမၤတၢ်မ့တမ့ၢ်ပုၤဟ့ၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ဆူအတၢ်ကွၢ်ထွဲကဟ့ၣ်ကယၢ်တဖၣ်တအိၣ်ဒီးမူဒါတၢ်လီၤဘၣ်လၢကဘၣ်ဟ်ယုၣ်ဟ်ဂီၢ်လၢတၢ်သးမ့ၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤအပူၤဘၣ်.</p>
<p>Are there safeguards?</p>	<p>တၢ်တြီယာ်ကဟ့ၣ်ကယၢ်တဖၣ်အိၣ်ဝဲဒၣ်ခါ.</p>
<p>The process set out in the law includes many steps and safeguards to make sure that people are not being pressured to participate in the voluntary assisted dying process, and that it is completely voluntary.</p>	<p>ကျိၤကွၢ်လၢတၢ်ဆီလီၤဟ်လံအံၤလၢတၢ်သိၣ်တၢ်သိအပူၤန့ၣ်ဟ်ယုၣ်ခိၣ်ခါဒီးတၢ်တြီယာ်ကဟ့ၣ်ကယၢ်တဖၣ်ဒီးမံလၢတၢ်ကမၤလီၤတံၢ်ဝဲဒၣ်လၢပုၤကညီတဖၣ်တၢ်သုတအိၣ်သန့ဒီးအံၤလၢကဟ်ယုၣ်ဟ်ဂီၢ်လၢတၢ်သးမ့ၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤအကျိၤအကွၢ်အပူၤတဂ့ၤဒီးတၢ်န့ၣ်ကမ့ၢ်တၢ်မ့ၢ်သးမၤကလိဒီးလၢပွဲၤပွဲၤန့ၣ်လီၤ.</p>
<p>The Voluntary Assisted Dying Review Board will monitor all activity under the law and will receive reports from all health</p>	<p>Voluntary Assisted Dying Review Board (တၢ်သးမ့ၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢၤတၢ်ကွၢ်ကဒါက့ၤအကမံးတံၢ်မိၢ်ပုၤ)ကကွၢ်ထွဲကဟ့ၣ်ဟူးတၢ်ဂဲၤလၢဂဲၤတၢ်သိၣ်တၢ်သိအိၣ်အသိးဒီးကဒီးန့ၢ်တၢ်ဟ်ဖျါတဖၣ်လၢအအိၣ်ဟ်ဝဲဒၣ်လၢတၢ်အိၣ်ဆူၣ်အိၣ်ဆူအပူၤမၤတၢ်တဖၣ်လၢအဟ်ယုၣ်ဟ်ဂီၢ်မၤတၢ်န့ၣ်လီၤ. ကမံးတံၢ်မိၢ်ပုၤအံၤကမၤလီၤတံၢ်ဝဲဒၣ်လၢ</p>



<p>practitioners who participate. The Board will make sure that the Act is being complied with and will also monitor substance permit applications.</p>	<p>တၢ်သိၣ်တၢ်သိအံၤတၢ်လူၤပိၣ်မၤထွဲအိၣ်ဒီးကကွၢ်ထွဲကွၢ်ဟ့ၣ်စ့ၢ်ကိးကသံၣ်ကသိအတၢ်ပျဲအလံၣ်ပတံၢ်ထီၣ်တဖၣ်စ့ၢ်ကိးန့ၣ်လီၤ.</p>
<p>A person who is prescribed a voluntary assisted dying substance will also appoint a contact person so that any unused substance will be safely returned.</p>	<p>ပျဲတကၢ်လၢကသံၣ်သရၣ်ကွဲးဟ့ၣ်လီၤအိၣ်ဒီးကသံၣ်ကသိလၢတၢ်ကမၤတၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤန့ၣ်ကဘၣ်ယုထၢထီၣ်တၢ်ဆဲးကျိးအဂီၢ်ပျဲတကၢ်မုၢ်ဒ်သိးကသံၣ်ကသိလၢတၢ်တသ့အိၣ်တခါလၢလၢကဘၣ်တၢ်ဆွၢကဒါကွၢ်အိၣ်ပျဲပျဲဖျဲးဖျဲးအဂီၢ်န့ၣ်လီၤ.</p>
<p>When will voluntary assisted dying be available in Victoria?</p>	<p>မ့ၢ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤကအိၣ်ဝဲဒၣ်လၢတၢ်ထီၣ်ရံယုၣ်အပူၤလၢအခါဖဲလဲၣ်.</p>
<p>The law comes into effect on 19 June 2019. After this date, people who meet the set of strict eligibility criteria will be able to request access to voluntary assisted dying. All people at the end of life will be supported to receive access to appropriate end of life care options.</p>	<p>တၢ်သိၣ်တၢ်သိအံၤအကစးထီၣ်မၤတၢ်ဖဲလၢယုၤ 19 သီ 2019 န့ၣ်အပူၤန့ၣ်လီၤ.ဖဲနံၤသိအံၤအလီၢ်ခံၤ.ပျဲလၢအတုထီၣ်ဘးတၢ်ကြးဘၣ်တုထီၣ်ထီၣ်ဘးအတၢ်ဟံပနီၣ်တဖၣ်လၢအယံးလၢတၢ်ဆိလီၤဟံအိၣ်တဖၣ်န့ၣ်ယုထီၣ်ဝဲဒၣ်လၢတၢ်ကမၤန့ၣ်သ့တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢအံၤကသ့န့ၣ်လီၤ.ပျဲလဲလၢလၢအတၢ်အိၣ်မုၢ်ဘူးကကတၢ်တဖၣ်ကဘၣ်တၢ်ဆိၣ်ထွဲမၤစၢအံၤလၢအကဒီးန့ၢ်တၢ်မၤန့ၢ်သ့တၢ်ခွဲးယၢ်လၢအဖိးမံဒီးတၢ်ဘူးကသံအတၢ်ကွၢ်ထွဲကဟ့ၣ်ကယၢ်အတၢ်ယုထၢလၢအအိၣ်တဖၣ်န့ၣ်လီၤ.</p>
<p>The Victorian Government is currently working to help health practitioners and health services prepare for providing voluntary assisted dying, including how to support those that choose to participate as well as those who conscientiously object.</p>	<p>ကတီၢ်အံၤဘံးထီၣ်ရံယုၣ်အပဒိၣ်အံၤဖဲးမၤတၢ်လၢတၢ်ကမၤစၢတၢ်အိၣ်ဆူၣ်အိၣ်ဆူၣ်အပူၤမၤတၢ်တဖၣ်ဒီးတၢ်အိၣ်ဆူၣ်အိၣ်ဆူၣ်အတၢ်မၤစၢအတၢ်ဖဲးတၢ်မၤတဖၣ်လၢအကအိၣ်ကတၢ်ကတီၢ်အသးလၢတၢ်ကဟ့ၣ်တၢ်သးမုၢ်သးမံအဖီခိၣ်အတၢ်သံလၢအိၣ်ဒီးတၢ်မၤစၢ.လၢအဟံယုၣ်မ့ၢ်တၢ်ကဆိၣ်ထွဲမၤစၢပျဲလၢအယုထၢလၢအကဟံယုၣ်ဟံဂီၢ်တဘျီယီယုၣ်ဒီးပျဲလၢအသမထီၣ်တၢ်မၤတၢ်အံၤန့ၣ်လီၤ.</p>



<p>Support services</p>	<p>တၢ်မၤစၢၤအတၢ်ဖံးတၢ်မၤတဖၣ်</p>
<p>Some people may find issues relating to end of life care upsetting. If reading the material on this site or thinking about end of life care has raised some issues regarding grief and bereavement or personal crisis, the helplines below provide telephone support and counselling 24 hours a day, 7 days a week. Some services may also provide online assistance (depending on the service).</p>	<p>တၢ်ဂ့ၢ်လၢအဘၣ်ထွဲဒီးတၢ်က့ၢ်ထွဲကဟုကယၢ်ဖဲတၢ်အိၣ်မူဘူးကကတၢ်န့ၣ်လၢပုၤတနီၤအဂီၢ်ကဲတၢ်သးအူးန့ၣ်လီၤ. ဖဲတၢ်ဖးလံာ်လၢတၢ်လီၤတခါအံၤမ့တမ့ၢ်ဆိကမိၣ်ထီၣ်ဘၣ်ယးက့ၢ်ထွဲကဟုကယၢ်ဖဲတၢ်အိၣ်မူဘူးကတၢ်အံၤမ့ၢ်ဒူးကဲထီၣ်တၢ်ဂ့ၢ်ကိၣ်ဒိၣ်ဒိၣ်မ့ၢ်တနီၤလၢအဘၣ်ထွဲဒီးတၢ်ဘၣ်မိၣ်ဘၣ်မးဒီးတၢ်အိၣ်လီၤတဲာ်သယုာ်သညိမ့တမ့ၢ်နီၢ်တၢ်အတၢ်ဂ့ၢ်ကိၣ်တခါ,တၢ်မၤစၢၤအလီၤကျိၤလၢလၢာ်တဖၣ်ဟ့ၣ်ဖဲဒၣ်လိတဲစိ</p> <p>တၢ်ဆိၣ်ထွဲမၤစၢၤဒီးတၢ်သိၣ်လိန့ၣ်ယုၤဟ့ၣ်က့ၣ်ဟ့ၣ်ဖးတၢ်တသိ24န့ၣ်ရံၣ်,တန့ၣ်7သိန့ၣ်လီၤ. တၢ်မၤစၢၤအတၢ်ဖံးတၢ်မၤတနီၤဟ့ၣ်စ့ၢ်ကိးလီၤအပုၣ်ယဲၤအဖိခိၣ်တၢ်မၤစၢၤ(ဒီးသန့ထီၣ်သးလၢတၢ်မၤစၢၤအတၢ်ဖံးတၢ်မၤအဖိခိၣ်လီၤ.)</p>
<p>Australian Centre for Grief and Bereavement Tel. 1800 642 066</p>	<p>Australian Centre for Grief and Bereavement (အိၣ်တြၢယါဖိအလီၢ်ခၢၣ်သးလၢတၢ်ဘၣ်မိၣ်ဘၣ်မးဒီးတၢ်အိၣ်လီၤတဲာ်သယုာ်သညိအဂီၢ်) လိတဲစိနီၢ်ဂံၢ်-1800 642 066</p>
<p>Lifeline Tel. 13 11 14</p>	<p>Lifeline (တၢ်အိၣ်မူအလီၤကျိၤ)လိတဲစိနီၢ်ဂံၢ်-13 11 14</p>